

COURAGEOUS LOVE: THE DANCE QUADRILLE

Like most everyone in the 1800s, Andrea Carter knows her way around the dance floor. She can waltz, perform the Virginia Reel, square dance, the polka, or any combination thereof. During a time in history with no TV, Internet, or other activities to keep one home, dances were community affairs and looked forward to by one and all.

The gala in chapter 4 is more formal than a casual barn dance. The ladies dress up fancier, the men wear their best, and the music is performed by a hired string quartet rather than a rancher or farmer strumming his fiddle and calling square dance positions. The dances at a fancy gala were not “swing your partner, dosie-do” but more elegant and scripted.

The quadrille was fashionable during the late 1800s. People couldn't get enough of it. Musical composers like Johann Strauss composed music just for this type of dance. Performed by four couples in a square formation, the quadrille was the forerunner of the more casual square dance. On a large dance floor, any number of these square formations could be accommodated, each with their own set of four couples. Couples took turns completing certain dance steps in a certain order, with five parts in all. The dancers knew all the parts and exactly how to perform them.

Chad's party included other dances besides the quadrille, like the polka and the waltz. At many dances, young ladies carried dance cards. The dance card here folds up like a fan. Inside is a list of the evening's dances. Opposite each dance is a space to record the name of the partner. A gentleman would ask a lady for a dance. If she accepted, she would write his name on her dance card.



An 1887 dance card

Watch couples perform an 1870 quadrille to Johann Strauss's music (1.5 min) at: CircleCBooks.com/milestones/#love



1. How many couples perform the quadrille? _____
2. How many parts are there to a quadrille? _____
3. During which time period was the quadrille fashionable?

4. The quadrille was the forerunner of which dance? polka • square dance • waltz • reel
5. What two pieces of information were written on a young lady's dance card?

MORE WEB FUN: Watch the beginning of the Virginia Reel (and a waltz) in this short clip from the movie, *Gone with the Wind*. CircleCBooks.com/milestones/#love

HEARTBREAK TRAIL: THE SERPENT OF BEAR LAKE

In chapter 7, Bryce tells a campfire story about a sea monster that apparently lurks in Bear Lake. Did the author make this up for the story, or is there evidence that some kind of creature might have actually lived in the lake, at least during the time period of *Heartbreak Trail*?

Bear Lake is a beautiful turquoise lake on the border between Idaho and Utah. It is split equally between the two states. The Shoshone Indians lived by the lake and were there when fur trappers (the first white people) saw the lake. Later in 1863, Mormon pioneers settled near the lake.

Over the years, many strange legends circulated among the Indians (and later with the white settlers) of a huge sea creature that lived in Bear Lake. An 1868 article in the *Deseret News* reported that "The Indians have a tradition concerning a strange, serpent-like creature inhabiting the waters of Bear Lake . . ." The descriptions varied a lot—from Bryce's tale of a 90-foot-long sea serpent with a thin head, large mouth, and small legs that moved swiftly through the water—to looking like a giant crocodile or a walrus (minus the tusks) and spouting water from its mouth. Some insisted it moved as fast as a locomotive through the water. Others said the monster crawled up onto the beach with short, flipper-like legs. The Indians reported that the creature at times captured and carried away their people. Yikes!

Truth or tale? With so many stories going around about this one lake, it seems that something was disturbing the peace for all those years. While most legends and tales get blown out of proportion with the retelling, the stories are often based on a seed of truth.

Could the serpent of Bear Lake have been a descendant of the great sea creatures God created on day five? Much evidence points to early people groups interacting with both land and sea creatures that today we call dinosaurs. The word "dinosaur" did not even come into use until 1841, less than 200 years ago. Before then these creatures were called "leviathan" and are mentioned in the Bible, along with the other word for huge creatures, "behemoth."

In 1977, Japanese fishermen hauled up a 4,000-pound sea creature. They took this picture but cut the thing loose. It was dead and rotting, and they didn't want it spoiling their catch.



4,000 pounds of rotted Plesiosaur?

THE LAST RIDE: NEW YORK CITY

Uncle Benjamin, Aunt Lydia, and their son, Daniel, live in the largest city in the United States: New York. Originally called "New Amsterdam," it began as a Dutch trading post in 1624 on the island of Manhattan. The English took control of the post in 1664 and renamed it "New York." Later, from 1785 until 1790, New York served as the capital of the United States.



New York City is made up of five boroughs: Brooklyn, Queens, Manhattan, The Bronx, and Staten Island. Until they were combined in 1898, these five boroughs were five separate, distinct cities. The East River Bridge (Brooklyn Bridge) was completed in 1883 and connected the city of Brooklyn to that of Manhattan (where Daniel and his family live). Manhattan is the busy, skyscraper section of New York City and also home to Central Park.

GEOGRAPHY

Use an atlas or the Internet to familiarize yourself with the geography of New York state and New York City. On this map of the United States, find and label your state (if you live in the Continental U.S.). Find New York state and color it green. List the states that border New York:



1. _____
2. _____
3. _____
4. _____
5. _____



On this map of New York, mark the location of New York City and label it.

1. _____
2. _____
3. _____
4. _____
5. _____

Below is a close up of the five boroughs of New York City. Identify them on the lines to the left of the map.



THE LAST RIDE CHAPTER 4

1. Circle the brother whom Daniel resembles: Justin • Chad • Mitch
2. How long is the railroad journey from New York City to Fresno, California?
A. six days B. six weeks C. six months
3. Daniel grasps Andi's hand and brushes it with a kiss. Andi is appalled at Daniel's forward ways, but Justin is not. What does he call this greeting? _____
4. Circle two things Aunt Rebecca always seems to badger Andi about.
not wearing long skirts • not protecting her skin • always running
her nickname "Andi" • not wearing a corset • for being disrespectful
5. For whom was Andi named? _____

THE LAST RIDE: VOCABULARY & GRAMMAR

For each underlined word below, write the part of speech (noun, verb, or adjective) on the line. Circle the best definition for how the word is used in the sentence.

6. Daniel had caught her. Andi *had* meant to be a tad saucy. _____
A. a passing B. a lot more C. a little bit D. a touch put off
7. Andi yearned to sit up front in the surrey, chattering nonstop with Justin. _____
A. preferred B. greatly desired C. begged D. appealed
8. She unfolded a fan and waved it vigorously in front of her face. _____
A. energetically B. feebly C. quietly D. purposefully
9. Andi rolled her eyes at Aunt Rebecca's second-favorite rant. _____
A. subject B. lecture C. lesson D. conversation
10. Justin would never give into Andi for something as trivial as a buggy ride. _____
A. important B. crucial C. brazen D. minor

SNIPPETS FROM ANDI'S JOURNAL:



During the hour-ride home, I learned more than I wanted to know about my cousin. Inside I was screaming "Take me back to town, Justin. Let me stay with you and Lucy and the baby." But with Aunt Rebecca sitting there, I kept my mouth shut.

THICK AS THIEVES: CHARACTERIZATION PART 1

Characterization is the technique an author uses to acquaint readers with the story's characters—both their physical traits and their personalities. Since characters drive the story, it's important that readers get to know the main characters soon, and to like them (or not like them, as in the case of a story's antagonists).

An author can introduce the characters in different ways. One way is to simply tell the reader, "Andrea Carter was very worried about her mare, Taffy." Telling works, but it is not the best way to introduce the characters. It is much more interesting to learn about Andi and her family through dialogue, action, and the setting.



ANDI CARTER

1. List three things Andi does that *show* you she is worried about Taffy's foaling (pages 7-9).

2. Instead of telling the reader what Andi looks like, the author shows Andi doing something to her hair. From this action, we learn that Andi has _____ (length), _____ (color) hair that she wears in a _____ (page 8).

3. What hints from chapter 1 show you that Andi is impatient (pages 8-10)?

CHAD CARTER

4. Andi's brother Chad is a major character. The first three chapters give hints that point to who Chad is and what his personality is like. List two things you learn about Chad from these first few chapters.

- A. _____

- B. _____

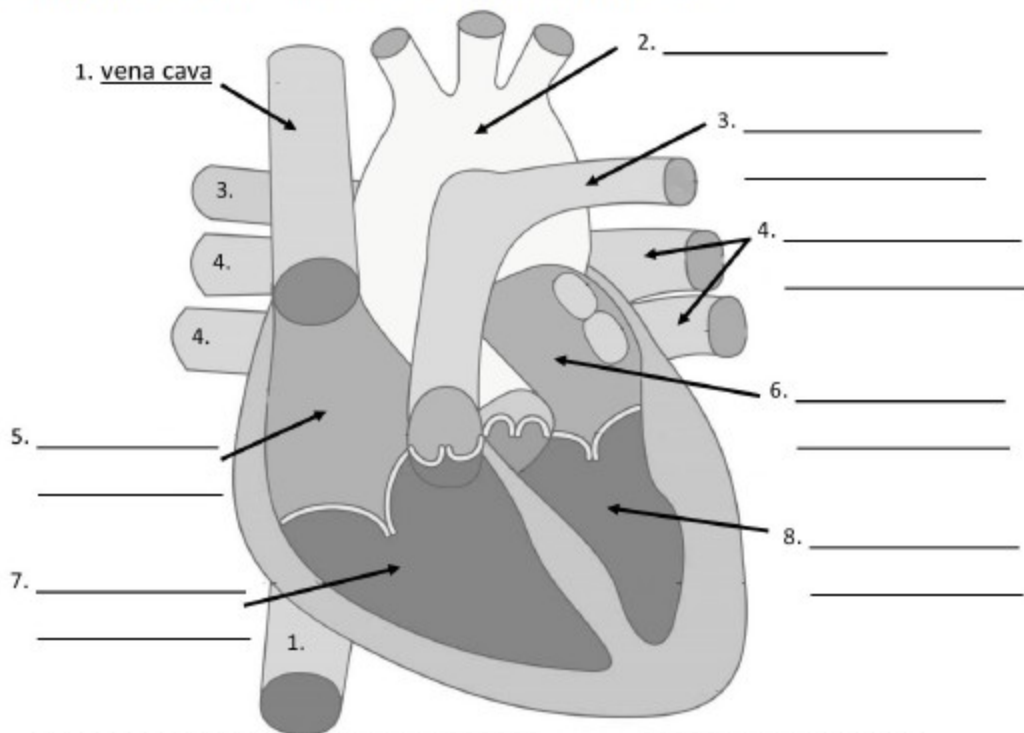


THE LAST RIDE: THE HUMAN HEART

Aunt Rebecca has developed a serious heart condition called *angina*. This happens when there is not enough blood flow to the heart muscle. The vessels feeding the heart muscle become constricted, causing them to spasm. This is painful and frightening. Rebecca feels like her chest is being squeezed. The pain spreads to her arms, back, neck, or shoulder. She often feels dizzy, nauseous, and exhausted. Angina can be brought on by any kind of physical or emotional stress, as well as high blood pressure or being overweight (Rebecca is a bit overweight and inactive). She takes *nitroglycerin* tablets to control it. This liquid explosive is dangerous, but as a tablet it dissolves under the tongue to open the blood vessels, get the blood moving, and take pressure off the heart muscle. Nitroglycerin was first used for chest pain in 1878 and it is still used today.

THE JOURNEY BLOOD TAKES THROUGH THE HEART

Watch this 2½ minute video to learn how a healthy heart works to pump blood through your body at CircleCBooks.com/milestones/#ride Follow these directions. 1) First, watch the video from start to finish. 2) Watch the video a second time, pausing as it presents the various parts of the heart so you can label the heart diagram below. 3) Draw arrows to show the movement of blood through the heart. 4) Color the four thin heart valves blue.



WORD BANK

left ventricle	right ventricle	right atrium	vena cava
left atrium	pulmonary veins	pulmonary artery	aorta

STRANGER IN THE GLADE: THE ARABIAN NIGHTS

As the couple wind their way through the banded rocks' maze, Andi imagines coming face to face with an impenetrable cliff wall. Her imagination goes to an *Arabian Nights* story, "Ali Baba and the Forty Thieves." The *Arabian Nights* are fairytales (called *One Thousand and One Nights* in the original collection). They were written during the Golden Age of Islam (700AD – 1300AD). "Aladdin and His Wonderful Lamp," "The Seven Voyages of Sinbad the Sailor," and "Ali Baba and the Forty Thieves" are three well-known stories in this collection. Some editions of the *Arabian Nights* include only a few hundred stories. Others contain all 1,001 tales and even more!

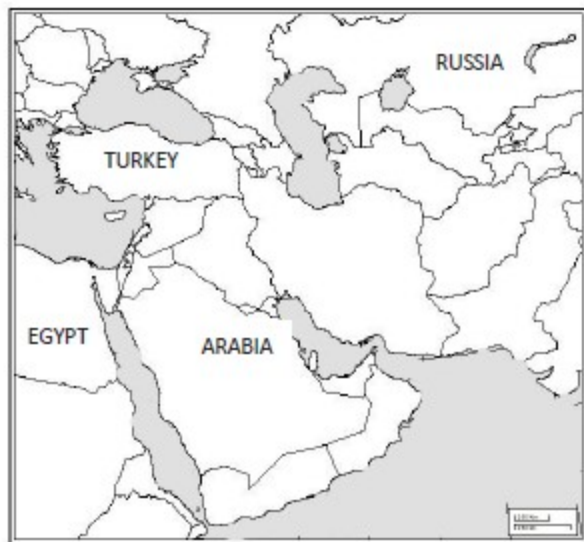


"Ali Baba and the Forty Thieves" is a story Andi would have come across during her school days. It tells the story of a poor but honest woodcutter. He discovers the secret of a den of thieves and enters using the magic phrase, "open sesame." The thieves try to kill Ali Baba, but his faithful slave-girl outwits all their plots. In the end, Ali Baba's son marries the slave-girl, and Ali Baba keeps the secret of the treasure (an Arabian happily-ever-after fairytale).

READ ALI BABA AND THE FORTY THIEVES

This *Arabian Night's* story can be read on the Circle C website. Read online on your device or download the PDF file.

CircleCBooks.com/milestones/#stranger

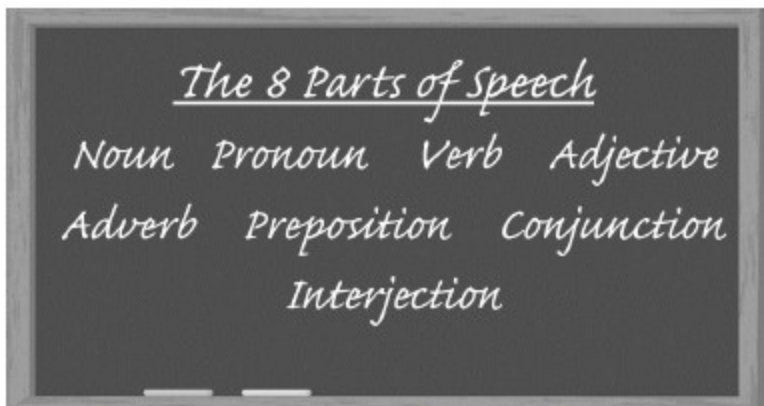


"Ali Baba" takes place in Persia during the golden age of Arabia. This map shows the Middle East. Persia is the large country in the center of the map. Color Persia yellow.

1. What is Persia's new name in today's modern world? _____
2. Write something you learned from the story of Ali Baba that you did not know before reading it. _____

AULD LANG SYNE: GRAMMAR REVIEW

It's been quite some time since you had a grammar review. First, go back a few pages and review the eight parts of speech, which give you examples of the different parts of speech and how they are used.



The eight parts of speech are used in different ways in a sentence. For example, a noun can be used as the subject, the direct object, the indirect object, or the object of the preposition. If you are not sure what those are, it's okay. This page deals only with finding the different parts of speech. You do not have to explain *how* they are being used. Ready? Let's begin. All sentences are taken from the story, "Auld Lang Syne." For each underlined word, write which part of speech it is.

1. Andi caught her breath. Cory Blake!

caught: _____ breath: _____ Cory Blake: _____

2. Their meeting had been awkward, and then he vanished.

their: _____ meeting: _____ and: _____ he: _____

3. Riley held out his arms, and Andi gratefully handed over the baby.

held: _____ and: _____ gratefully: _____

4. Andi dropped to the dusty ground beside her chocolate palomino.

dusty: _____ ground: _____ beside: _____ chocolate: _____

5. "I read about your courtship in the *Expositor* yesterday," he said cheerfully.

I: _____ about: _____ in: _____ cheerfully: _____

6. "The Hawaiian Islands sound exciting," Andi said. "Take care of yourself."

sound: _____ exciting: _____ of: _____ yourself: _____

7. Andi nodded eagerly and relaxed . . . at least a little bit.

nodded: _____ eagerly: _____ relaxed: _____ little: _____

8. Cory's mother opened the door. "Oh, Andrea! It's so nice to see you."

Cory's: _____ mother: _____ Oh: _____ you: _____

COURAGEOUS LOVE CHAPTERS 5-6

1. Another young man talks Andi into dancing. Who is he? _____
2. To which waltz music do Andi and her partner dance? _____

Listen to a 2 ½ minute excerpt from this waltz at CircleCBooks.com/milestones/#love



Then use the Internet to answer these questions about the music.

3. Who composed this waltz? _____ When? _____
4. Circle his country of origin. Germany • Austria • Switzerland
5. The full name of this waltz is "An der Schönen Blauen Donau." What is the full name of this waltz in English? _____
6. How does Andi's dress get ruined? _____

SNIPPETS FROM ANDI'S JOURNAL

Ever since I was six years old, Johnny Wilson has acted worse than a plague of locusts toward me. But I have to admit I was grateful to him for spilling coffee down my new party dress at Chad's gala the other night. Because of my ruined dress, I was able to sneak away and find a corner.

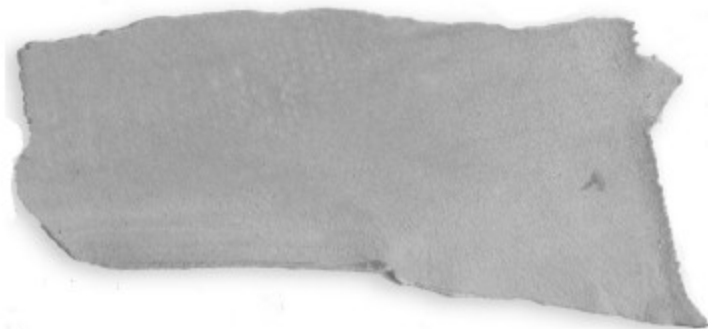
7. What terrible thing happens when Andi is alone with Sammy? _____



8. She protects the baby by shoving him under this piece of old-fashioned furniture. What is it called? _____ Name two modern-day synonyms for it. _____
9. Why is Andi worried that Aunt Rebecca might have heard the crash of breaking glass?

10. Three men keep the curious crowd away from the injured and hurry them out the door.

Who are they? _____



11. Copy the cryptic message the Carters received onto this scrap of leather. Use bold, black letters.

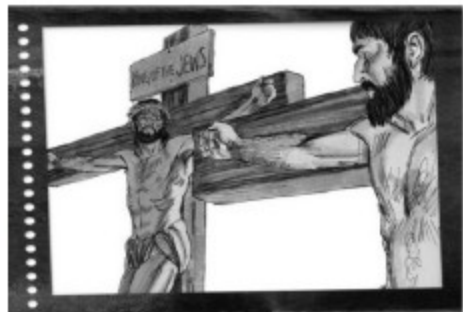
12. Three words are spelled wrong. Spell them correctly. _____

SPECTER FROM THE PAST: SPANISH LESSON TWO

Listen to these Spanish phrases at CircleCBooks.com/milestones/#stranger

Match the phrases with their English translations (see pages 59-61 in the book for context).

- | | |
|--------------------------------------|------------------------|
| 1. _____ <i>Ven aquí, Vega.</i> | A. Tell me! |
| 2. _____ <i>Encontré a Jed.</i> | B. That is impossible! |
| 3. _____ <i>¿Dónde está ella?</i> | C. I found Jed. |
| 4. _____ <i>¡Dígame!</i> | D. Stupid ones! |
| 5. _____ <i>¡Sí, jefe.</i> | E. Where is she? |
| 6. _____ <i>¡Eso es imposible!</i> | F. Yes, boss. |
| 7. _____ <i>¡Estupidos!</i> | G. Did you hear that? |
| 8. _____ <i>¡Vámonos, compadres!</i> | H. Let's go, fellas. |
| 9. _____ <i>¡De prisa!</i> | I. Come here, Vega. |
| 10. _____ <i>¿Oíste eso?</i> | J. Hurry! |



MINI BIBLE STUDY: THE THIEF ON THE CROSS

On page 64, Jed Hatton asks Andi the most important question any person will ever ask. "Will that Christ you're always prayin' to remember me if I ask Him?" Andi answers, "The thief on the cross asked the same thing, 'Remember me,' and Jesus said, 'Today you will be with me in Paradise.'" Listen to "Are Ye Able?" at CircleCBooks.com/milestones/#stranger

Next, read Luke 23:38-43, and then answer these questions.

11. How many criminals were crucified with Jesus? _____
12. One of the criminals made fun of Jesus, showing his disbelief. Which little word in verse 39 shows the criminal's disbelief in the Son of God? _____ What did he try to get Jesus to do?
- _____

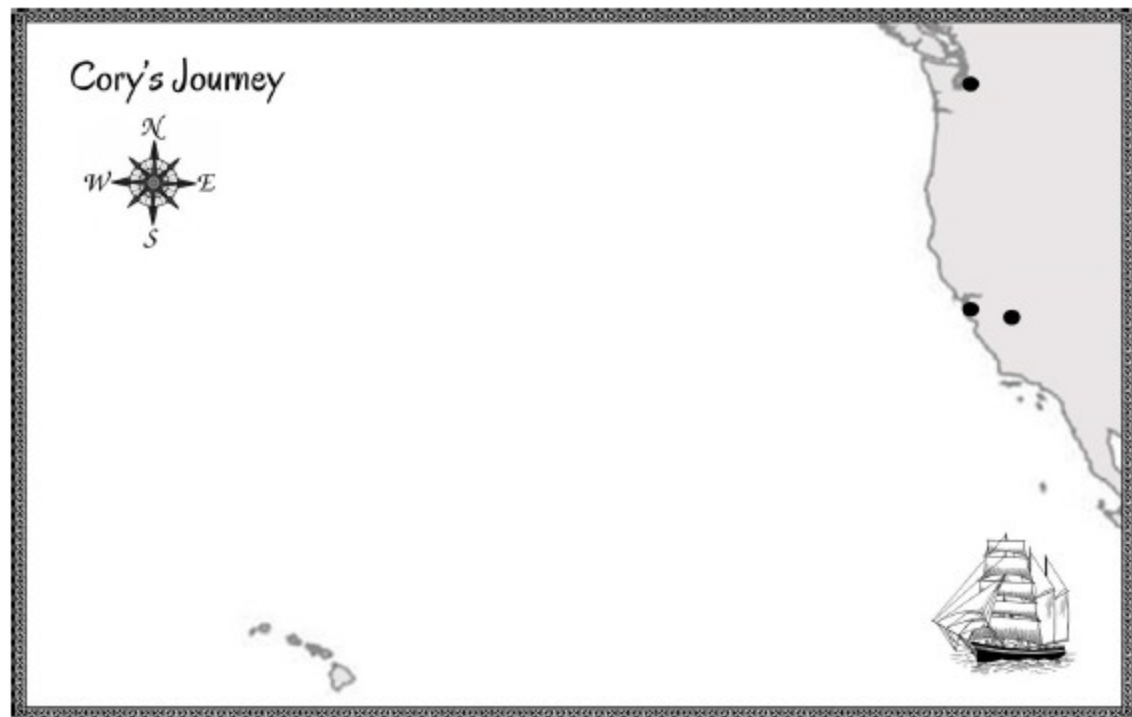
The other criminal showed the signs of true repentance and belief in the Son of God, which is what Jesus Himself said in Mark 1:15. "... repent and believe the gospel."

13. A person cannot repent if they don't admit they have sinned. What does this criminal say that shows he knows he has sinned and deserves death (verses 40-41)? _____
- _____
14. What does this criminal say that shows he believes that Jesus is the Son of God (vs. 42)?
- _____

AULD LANG SYNE: GEOGRAPHY

Follow Cory's travels from Fresno, California, to his final destination in Tacoma, Washington.

1. Label Fresno and San Francisco. Use CA to label California.
2. Label the Pacific Ocean.
3. With a **blue** pencil, trace Cory's trip from Fresno to the Hawaiian Islands in May 1885.
Label the islands using HI. Which direction did Cory sail? _____
4. With a **red** pencil, trace Cory's trip from the islands to the Oregon coast in late summer 1885.
Label Oregon using OR. Which direction did Cory sail? _____
5. With a **green** pencil, trace Cory's route from Oregon to Tacoma, Washington. Label Tacoma.
Label Washington Territory using WA. Which direction did Cory go? _____



RESEARCH IT: INTERNET

6. About how many nautical miles is it from San Francisco to Hawaii? _____
7. If a sailing ship traveled 100 miles a day in good weather, about how long would it have taken Cory to reach the Hawaiian Islands? _____
8. The ship Cory sailed on actually did not take the direct route. It traveled farther south and caught the trade winds, reducing the travel time by about five days. So it really took him how long? _____ The trip back to the Pacific NW took even longer!

LET'S WRITE: WHAT IF?

After Daniel's night on the town, Chad is ready to fire him. Aunt Rebecca's timely interruption about her returning to the city takes the breakfast conversation in another direction. When Daniel insists on accompanying their aunt to San Francisco, the family agrees. Even Andi is glad to see him go, until she catches an odd look in her cousin's eyes. *Triumph? Deceit?* Now she believes Daniel is up to something more than an innocent trip to the city.

What do you think Daniel is up to? What should Andi do about it? For each "what if?" listed, think what the outcome might be if Andi chooses to follow through. Use your imagination and give reasons based on what you know about the characters.

1. Andi confronts Daniel to find out what mischief he is up to.

2. Andi expresses her concerns to her family outside of Daniel's hearing.

3. Andi doesn't say anything. Instead, she waits to see what will happen.

4. Which of the "what if's" do you think happens in this story (circle one)? #1 • #2 • #3

5. If you were in Andi's shoes, which "what if" would you choose and why?

HEARTBREAK TRAIL CHAPTER 4

- How did Mitch and Chad decide on who will boss the trail drive?
A. They drew straws. B. Justin decided. C. They tossed a coin.
- What is a *remuda*? _____
- A trail hand on a cattle drive who takes care of the *remuda* is called the . . .
A. flank rider B. point man C. wrangler
- Whom does Justin suggest Mitch take along as cook's helper? Andi • Levi • Joselito
- Which two women does Andi use as examples to prove ladies can follow their dreams and still remain ladies?

- Which brother convinces Mother Andi ought to go along on the cattle drive? _____

SNIPPETS FROM ANDI'S JOURNAL:



I love Mother's olden-day tales. Afterward, she always looks at me like she shouldn't be too hard on me about not acting like a proper young lady. I'm thinking that maybe Mother wasn't such a lady back then either.

HEARTBREAK TRAIL: VOCABULARY, MEANING FROM CONTEXT

For each underlined word below, circle the closest definition. Then use the word in a sentence of your own. See the example.

7. "I've heard of Kitty Wilkins," Mother said. "She is vastly ahead of her time."

not very very much a little bit

_____ Andi's right answers in math vastly outnumber her wrong answers. _____

8. Kitty Wilkins is a lady through and through, despite her unusual occupation.

job leisure activity calling

9. Melinda's eyebrows arched. "This Lizzie woman participates in a cattle drive?"

stays out of criticizes takes part observes

HEARTBREAK TRAIL: CATTLE DRIVE JOBS

Everyone has a job to do on a trail drive. They follow a certain pattern when herding the cattle. Below are the jobs on the Circle C trail drive, along with the men initially assigned to the tasks. Read over the jobs. Based on the descriptions, fill in the jobs on the correct lines. Then, if you would like, color the picture. Note: There are more cattle on the drive than the picture shows.

Trail Boss (*Mitch*): keeps the records and gives the orders to the ramrod; rides in front.

Ramrod* (*Chad*): carries out the trail boss's orders and keeps the herd moving

Scout* (*Chad*): scouts half a day ahead for water, grazing, and stopping places

Trail Cook (*Cook*): drives the chuck wagon a mile or two ahead of the herd; cooks all meals

Point Riders: 2 (*Wyatt & Diego*): ride at the very front of the herd and lead the way

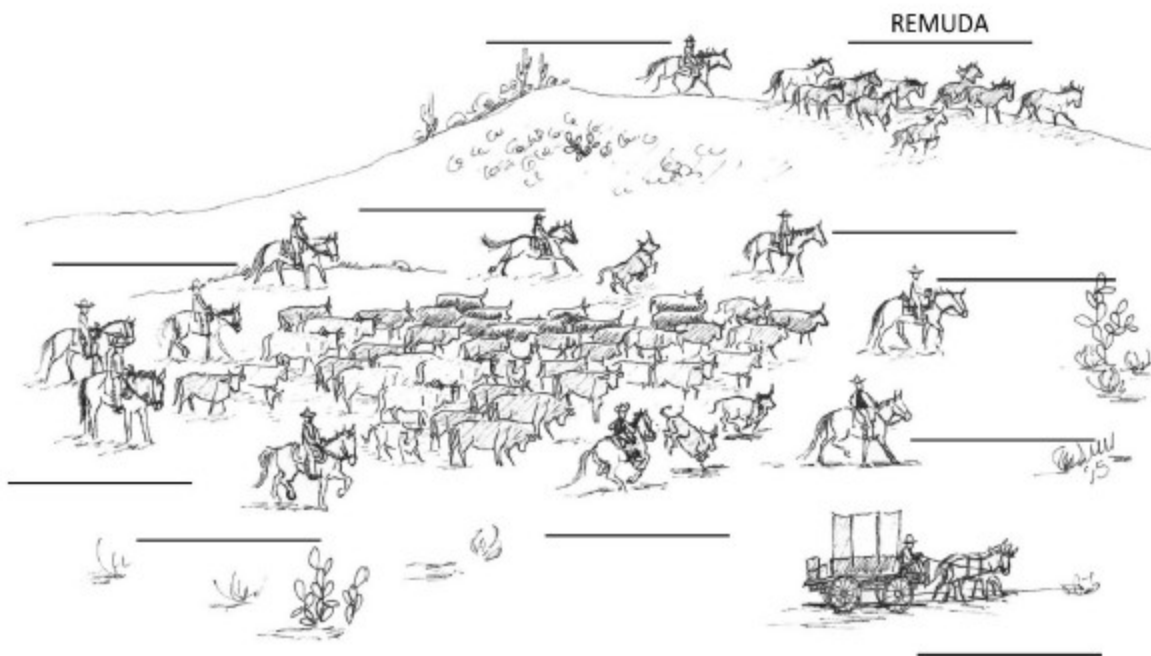
Swing Riders: 2 (*Tripp & Toledo*): ride near the front and make sure the herd turns correctly

Flank Riders: 2 (*Seth & Huey*): ride toward the back and keep the herd from spreading out

Drag Riders: 3 (*Joselito, Kirby, & Bryce*): ride at the rear of the herd and make sure the slow cattle keep moving; dirtiest job of the drive

Wrangler (*Flint*): in charge of the *remuda* (horses); usually one of the youngest riders.

* starred jobs are not shown on the picture.



THE SERPENT OF BEAR LAKE: TRUTH FROM GOD'S WORD



Read Job 41, where God describes a huge water creature to Job. (*This is not a crocodile. It sounds like a sea monster or maybe a dragon.*) Answer the questions.

1. What covers leviathan (vs. 13-17)? _____
2. What can leviathan spew from its mouth (vs. 18-21)?

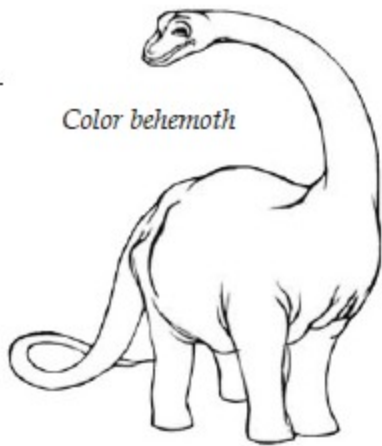
3. What comes out of his nostrils (vs. 20)? _____
4. What is his neck like (vs. 22)? _____

5. What cannot pierce his skin (vs. 26)? _____

Read Job 40:15-24, where God describes a huge land creature to Job. (*This is not a hippopotamus. Ever seen a hippo's tail? It's a tiny thing.*) Answer the questions.

6. What does behemoth eat (vs. 15)? _____
7. Where is this creature's power and strength (vs. 16)?
In its _____ and in the muscles of its _____
8. What is behemoth's tail like (vs. 17)? _____

9. What are behemoth's bones like (vs. 18)? _____
10. When did the word "dinosaur" first come into use? _____



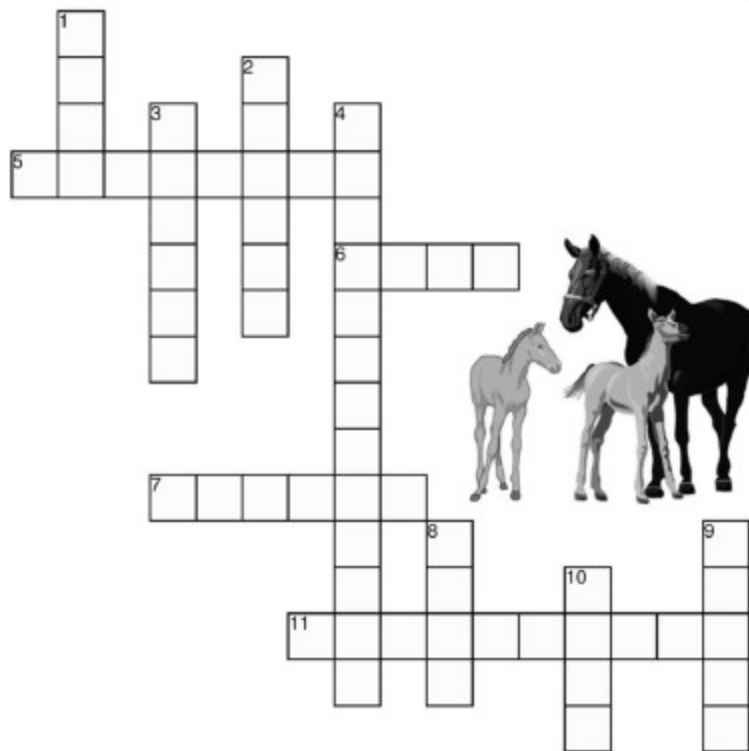
DID YOU KNOW?



Men and the dinosaurs (behemoth and leviathan) walked the earth together before and after the great flood of Noah's day. To learn more, check out a few pictures carved on the "Ica Stones" of ancient Peru (in South America) at CircleCBooks.com/milestones/#trail (Check out Bible.ca for more interesting, Bible-related information.)

Foaling Time Crossword Puzzle

Complete the crossword puzzle by referring to the foaling study guide on the previous page.



Created on TheTeachersCorner.net Crossword Maker

Across

5. a male horse
6. Sometimes, the mare rejects the _____.
7. _____ percent of twin foals die before before birth.
11. Today, an _____ can show twins early in the pregnancy.

Down

1. the mare's nipple
2. a foal should be born within _____ minutes after the water breaks.
3. length of a mare's pregnancy (in months)
4. a mare's foaling time is _____
8. a female horse
9. the part of the mare that fills with milk
10. a young horse under the age of one year



SNIPPETS FROM ANDI'S JOURNAL

This is one of my favorite Bible verses. "The horse is prepared against the day of battle, but safety is of the Lord."

-Proverbs 21:31